

INDIAN NAVY

Medical Board

The candidates recommended by Service Selection Board undergo medical examination at nearest Service Hospitals. The medical examination procedure for candidates is as follow:-

(a) **Special Medical Board(SMB)**. Special Medical Board (SMB) of officer candidates will be held at designated hospitals over duration of five to six days. Candidates will be declared Fit/Temporary Unfit or Permanent Unfit. Candidates declared Temporary Unfit are to report back to the hospital for examination after the specified time. Candidates who still do not qualify will be declared Permanent Unfit.



(b) **Appeal Medical Board (AMB)**. Candidates who are declared Permanent Unfit by Special Medical Board are eligible for Appeal Medical Board after depositing a sum of Rs. 40/- in the Government Treasury. No fees will be charged from Temporarily Unfit candidates. Unfit candidates get a maximum of 42 days to report for AMB at designated Command Hospital. Candidates declared unfit by Appeal Medical Board are eligible to appeal for Review Medical Board.

(c) **Review Medical Board (RMB)**. The President of Appeal Medical Board will intimate the candidate, the reason of his/ her unfitness through a leaflet and guide him / her for Review Medical Board. However, he will explain to the

MEDICAL STANDARDS

(a) **Height** . The preferable height for a candidate of 18 years of age is 157 cm for males and 152 cm for females.

(b) **Anthropometric Measurement** . The acceptable anthropometric standard for aviation entries i.e Short Service Commission(Aviation & Observer) entry for male is as follows:-

1. Minimum Height-162.5 cm
2. Sitting Height- Minimum 81.5 cm,Maximum-96.0 cm
3. Leg Length – Minimum-99.0 cm,Maximum-120.0 cm
4. Thigh Length-Maximum-64.0



candidate that holding of the Review Medical Board is at the discretion of DGMS(Navy) and DGAFMS based on the merits of the case and it is not his/her right. RMBs are conducted at Army Research & Referral Hospital Delhi and Armed Force Medical College Pune.

Height & Weight Standards

HEIGHT AND WEIGHT STANDARDS ; MALE (WEIGHT IN KILOGRAMS) AGE IN YEARS

AGE IN YEARS														
Height in Cms	15	16	18	20	22	24	26	28	30	32	34	36	38	40
152	43	44	45	46	47	48	48	49	49	50	50	50	51	51
155	44	45	46	47	49	50	50	51	51	52	52	52	53	53
157	45	46	47	49	50	51	51	52	53	53	53	54	54	55
160	46	47	48	50	51	52	53	53	54	54	56	56	56	57
162	47	48	50	52	53	54	54	55	55	56	56	57	57	58
165	48	50	52	53	55	56	56	57	57	58	58	58	59	59
168	51	52	53	55	57	58	58	58	59	59	60	60	61	61
170	52	53	55	57	58	59	60	60	61	61	62	62	62	63
173	54	55	57	59	60	61	62	62	62	63	64	64	65	65
175	56	57	59	61	62	62	63	64	65	64	66	67	67	67
178	58	59	61	62	63	64	65	66	67	67	68	69	69	70
180	60	61	62	64	65	66	67	68	69	70	71	71	72	72
183	62	63	65	67	67	68	70	71	72	72	73	74	75	75
185		66	67	69	70	71	72	73	74	75	76	77	77	78
188		68	70	71	72	74	75	76	77	78	79	80	81	81
190		70	72	73	74	76	78	79	80	81	82	82	83	84
193		72	74	76	77	78	80	81	82	83	84	85	86	87

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195		75	77	78	79	81	82	83	85	86	87	88	89	90
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NOTE:- Height and Weight as shown are for men fully stripped. The principles of average will be utilised for Calculating body Weight for in between Height

HEIGHT AND WEIGHT STANDARDS - FEMALE (WEIGHT IN KILOGRAMS)

AGE IN YEARS										
Height in Cms	17-18	20	25	30	35	40	45	50	55	60
148	36	38.5	41	42.5	44	45	46.5	47	48.5	49
150	38.5	40.5	41.5	43.5	45	46	47	48	49	50
153	40.5	42	43.5	45.5	46.5	48	48.5	49.5	50.5	52
155	42	43	44.5	46	47.5	49	49.5	50	51.5	52.5
158	43	45	46.5	48	49.5	50.5	51.5	52	53	54.5
160	45	46	47.5	49	50.5	51.5	52.5	53	54	55.5
163	46	47.5	49	50.5	51.5	52.5	53	54	55.5	56.5
165	47.5	49	51	52	53	54	55	56	57	58
168	49	50	52	54	55.5	57	58	59	60	61
170	50	51	53	55	56	58	59	60	61	62
173	52	53	55	56	57	59	60	61	62	63
175	53.5	55	56.5	57.5	59	60.5	62	63	64	65

Visual Standards

VISUAL STANDARDS -OFFICER'S ENTRY

VISUAL STANDARDS-EXECUTIVE BRANCH					
CRITERIA	NDA/ 10+2 INA/ AVIATION(OBSERVER/ PILOT)	GSES/ NCC(Spl)/ SCC(GSX) HYDRO	NAIC	LAW/ LOGO/ EDU	ATC
Uncorrected Vision	6/6,6/9	6/12,6/12	6/60,6/60	6/60,6/60	6/9,6/9
Corrected Vision	6/6,6/6	6/6,6/6	6/6,6/12	6/6,6/12	6/6,6/6
Limits of Myopia	-0.75	-1.5	-3.5	-3.5	-0.75
Limits of Hypermetropia	+1.5	+1.5	+3.5	+3.5	+3.0

Limits of Colour Perception	I	I	II	III	II
Binocular Vision	III	III	III	II	III

VISUAL STANDARDS -OFFICER'S ENTRY

VISUAL STANDARDS-TECHNICAL BRANCH			
CRITERIA	COMMON ENTRY 10+2 (INAC)	GRADUATE ENTRY (UNIV/ SSC)	NAVAL CONSTRUCTOR/ ARCHITECT
Uncorrected Vision without glasses	6/6,6/9	6/24,6/24	6/60,6/60
Corrected Vision with glasses	6/6,6/6	6/6,6/6	6/12,6/12
Limits of Myopia	-.75	-3.5	-3.5
Limits of Hypermetropia	+1.5	+3.5	+3.5
Binocular Vision	III	III	III
Limits of Colour Perception	I	II	II

(a) **Keratorefractory surgery (LASIK)** may be allowed for short service commission intake of officer in the followings categories:-

- (i) Observer Entry
- (ii) ATC Entry
- (iii) NAI
- (iv) Law
- (v) Logistics
- (vi) Education
- (vii) Graduate Entry Technical
- (viii) Naval Constructor /Architect

(b) **LASIK may be allowed subject to the following conditions:**

- (i) Surgery **should not** have been carried out before **20 yrs of age**
- (ii) Uncomplicated surgery at least 12 months before examination
- (iii) Axial length <25.0 mm by IOL Master or A scan

- (iv) Post LASIK corneal thickness measured by Pachymeter should not be less than 450 microns
- (v) Individuals with high refractive errors (>6D) prior to LASIK are to be excluded
- (vi) Normal retinal examination

PHYSICAL STANDARDS FOR CANDIDATE JOINING INDIAN NAVY AS OFFICERS (MALE/FEMALE)

1. These standards are laid down to assess the fitness of a candidate for selection to the Navy. The candidate must be in good physical and mental health and free from any defect likely to interfere with the efficient performance of duties both ashore and afloat under peace as well as war conditions in any part of the world.
2. During the inspection of candidates the following principal points are to be ensured :-
 - (a) The hearing is good and that there is no sign of any disease of ear, nose or throat.
 - (b) Vision in either eye is up to the required standard. His/her eyes are bright, clear and with no obvious squint or abnormality. Movements of eye balls should be full and free in all directions.
 - (c) Speech is without impediment.
 - (d) There is no glandular swelling.
 - (e) Chest is well formed and that his/her heart and lungs are sound.
 - (f) Limbs of the candidates are well formed and fully developed.
 - (g) There is free and perfect action of all the joints.
 - (h) There is no evidence of hernia of any degree or form.

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(j) Feet and toes are well formed.

(k) Absence of any congenital malformation or defects.

(l) He/she does not bear traces of previous acute or chronic disease pointing to an impaired constitution.

(m) Presence of sufficient number of sound teeth for efficient mastication.

(n) Absence of any disease of the Genito- Urinary tract.